

FEAST *Earth Day*

Fresh, Local & Full of Life!

Celebrate a menu that's as vibrant as the planet itself! Featuring locally sourced ingredients, fresh flavors, and wholesome goodness, this feast is designed to energize your team, delight the senses, and honor the season in every bite

(\$25/ per person)

Build-Your-Own Nourish Bowl

Choose Your Base

Fresh greens, quinoa, brown rice,
and ancient grains

Add Your Protein

Grilled chicken, marinated tofu, or
grilled lemon salmon

Top It Your Way

Chickpeas, edamame, avocado,
seeds, crispy onions, cucumber,
tomatoes, and roasted seasonal
vegetables

Finish with a Dressing

Tahini, cilantro-lime, or
lemon vinaigrette

Harvest Grazing Table

A beautifully arranged local
bounty of crisp seasonal crudités,
creamy hummus,
and warm pita

Sweet Earth Day Treats

Delightful desserts inspired by
the season:

EarthPops

Oreo Chocolate Mousse Cups

Granola Chocolate Clusters

MEZA GROUP
CATERING • FOOD WITH PASSION • EVENTS

